


Healthcare Workers Support Group

A photograph of a woman with dark, curly hair, wearing a white lab coat, looking off to the side with a thoughtful expression. The background is blurred, showing other people in a clinical setting.

Helping you take
care of yourself,
so you can take
care of others.

NAMI Chicago offers confidential support groups for healthcare workers where they can share their experiences facing the COVID-19 crisis.

Mondays 6:00 to 7:00 PM

Wednesdays 12:00 to 1:00 PM

Thursdays 3:00 to 4:00 PM

[Register at namichicago.org/groups-and-classes](https://namichicago.org/groups-and-classes)

Reach NAMI Chicago at 833-626-4244

Email andrew@namichicago.org for questions